

DO'S AND DON'TS TO SCAN YOUR SMILE WITH DENTAL MONITORING[®]

by DentalMind





HOW TO PROPERLY USE YOUR DM CHEEK RETRACTOR?

Tips to do it right

1

SIZE



Do: Always use a Cheek Retractor adapted to the size of your jaw. If you feel uncomfortable, refer to your Doctor.



Don't:

- Do not use a Cheek Retractor **too small**. Not all teeth will show.
- Do not use a Cheek Retractor **too large**. It may be painful or cause harm.



2

POSITION



Do: Stand in front of a mirror, insert your Cheek Retractor arch down and the metal inserts facing towards the mirror.



Don't:

- Do not insert your Cheek Retractor arch up.
- Do not insert your Cheek Retractor with the metal inserts facing towards you.



Fully insert your Cheek Retractor.
It's necessary to put on your Cheek Retractor before scanning.

3

INSERTION



Do: Insert your Cheek Retractor one side first, then the other side.



Don't:

- Do not insert the Cheek Retractor with both sides at the same time.
- Do not insert your Cheek Retractor at the level of the teeth.





HOW TO SCAN WITH YOUR DM SCANBOX?

Because your patient experience is important to us, you will find below some rules to use your ScanBox easily.

A video tutorial is also available on our YouTube channel.

1 Stand in front of a mirror and open your Dental Monitoring App. Place your smartphone in the ScanBox and secure it with the strap-holder.



Do:

- Check that the light is sufficient.
- Turn up the volume of your smartphone and make sure your phone is not set to mute.
- Make sure the lens of your camera is **aligned with the arrow** of the ScanBox.



Do:

- Remove the case of your smartphone (if one), as it may not fit in the ScanBox.



2

Insert your Cheek Retractor and connect your ScanBox to its metal inserts. You'll hear a "click" when it is properly attached.



Do:

- Your molar teeth should be visible.
- Your Cheek Retractor should hold your lips away from your teeth.



- Place your ScanBox in the upright position.

3

Double-tap your screen to start scanning and listen carefully to your App's instructions.



4

As you hear the sound of your camera, you shall start moving your ScanBox.



Do:

- Your movement should be wide - from ear-to-ear - to ensure all your teeth are scanned.
- Your movement should remain centered, only your ScanBox and mobile are moving.



- Your movement should follow the speed of the gauge on your smartphone's screen.



5

Possible positions of your teeth you may be requested to do while scanning.



Do:

- Mouth slightly opened means you leave the space of a finger between your upper and lower teeth.



- Mouth closed means to bite down: your upper and lower teeth are visible.





Don't:

- Leave your tongue in front of your teeth.

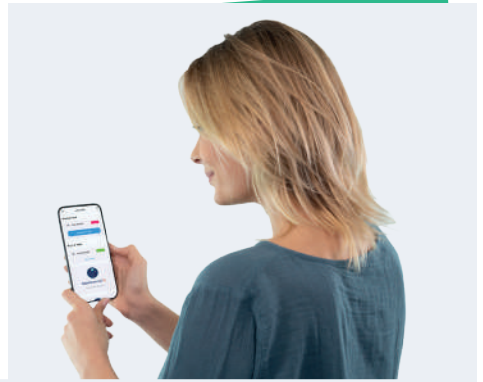
6

If necessary, you can restart your scan by pressing the “retry button”.



Do:

- Leave enough time for the upload before closing the App.



If you have any questions concerning Dental Monitoring and your scanning process, your Doctor and team are the first people to contact. Through your Dental Monitoring App, they know exactly how your ongoing treatment is evolving. For any technical questions about the App, the Dental Monitoring Support team is also available to assist you.

DENTAL MONITORING[®]

by DentalMind

The Dental Monitoring App is available in the App Store or Google Play.



Our customer support is always happy to help :
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REC0918-2020-01-14-US

Dental Monitoring is a remote solution for dental and orthodontic treatments, designed and manufactured by Dental Monitoring. Dental Monitoring solution can only be used by dental professionals registered at Dental Monitoring and their patients under treatment. The product is designed to assist dental professionals in observing orthodontic treatments, such as aligners or braces, retention; and intraoral situations in the global population. Refer to your doctor and the IFU before use. Product availability and claims may differ across countries depending on local regulations. Contact your local representative for further information.